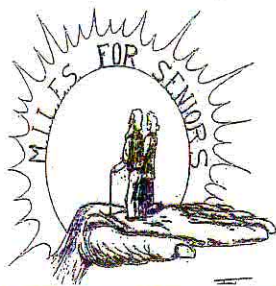

Rathwell Seniors' Meal Program (55+)

MILES along with your local Meal Committee, continues to provide
Hot Noon Meals for Seniors



Special diet??
Please inform the
meal coordinator.

Meal Coordinator- Terry McCreery

Monday - Friday at 12:00pm

(except for stat holidays)

Regular Meal Days - \$6.00

Special Days - \$7.00



If necessary, rides are made available by volunteers, just let
the Meal Coordinator know at registration.

Special Meals

Birthday/Anniversary Meals

- Last Tuesday of Month

Program also celebrates

- Valentines, St. Patrick's, Easter, Thanksgiving, and Christmas

Home Delivery Program



If you are interested in the meal
program, in need of a nutritious
meal, and not able to come out
to the meal site, an assesment
will be made to see if you are
eligible. If you are eligible
meals would be delivered be-
tween 11:30 - 11:45am Monday
to Friday (except for stat holi-
days)

*Volunteers provide this ser-
vice. Please recognize their ef-
fort!*

Meal cost \$6.75

**CALL 749-2274 to register
for meal, sign up at least 24
hours in advance**

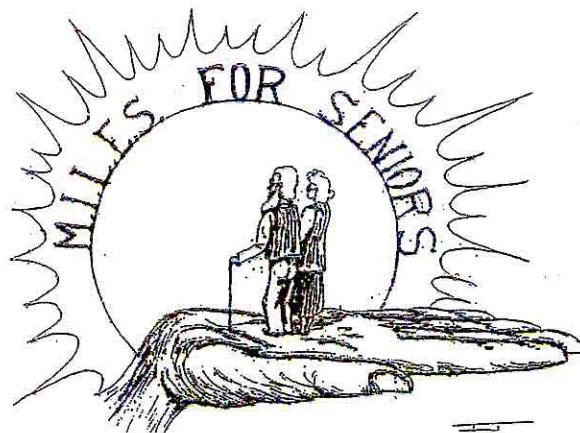
**Nutritious &
Delicious**



“Down home” cooking in
an “at home” atmosphere

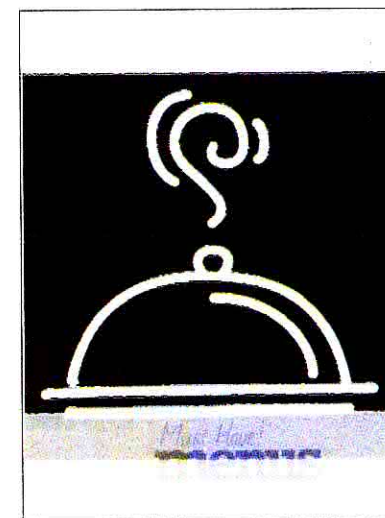


MILES for
Seniors Inc.



For more information
about other services
MILES provides call
the office at 526-2249

Rathwell
Rathwell
Seniors'
Seniors'
Meal
Program



Serving the community since
1989