#### Treherne Seniors' Meal Program (55+)

MILES along with your local Meal Committee, continues to provide

Hot Noon Meals for Seniors

S FOR SALE

Special diet??
Please inform the meal coordinator.

Meal Coordinator- Marcelle Boulet

Monday - Friday at 12:00pm

(except for stat holidays)

REGULAR MEAL DAYS - \$6,00

SPECIAL MEAL DAYS - \$7.00





If necessary, rides are made available by volunteers, just let the Meal Coordinator know at registration.

### Special Meals

Birthday/Anniversary Meals

- Last Thursday of Month

Program also celebrates

- Valentines, St. Patrick's, Easter, Thanksgiving, and Christmas

Marcelle is looking forward to her position at the program in Treherne. Please stop in and introduce yourself. Better still, register for a meal.

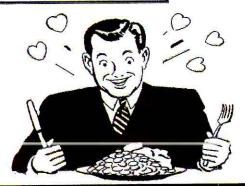
If you would like to volunteer your time to assist the meal coordinator on busier days, please let Marcelle know. She would love to have you share your expertise with her.

CAll 723-2559 to register for meal, sign up at least 24 hours in advance - between 8:00 am and 1:30 pm Monday - Friday

# Nutritious & Delicious

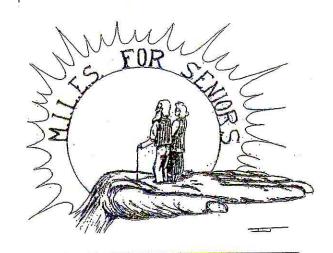


"Down home" cooking in an "at home" atmosphere



## MILES for

Seniors Inc.



For more information about other services MILES provides call the office at 526-2249

### Treherne Semiors Semiors Neal Program



Serving the community since 1990